# Hunt Newsletter

#### Fortleefamilyhousing.com | 804.733.1558 | January 2019



#### ONE MISSION. ONE COMMUNITY.



#### **Goals & Resolutions**

Another year begins and a brand new start is on the way. With small changes and determination to accomplish reachable goals, anything is possible. If you have resolutions, stay motivated to follow through on them all the way. Happy New Year everyone!

#### New Year's Fitness

A new year is quickly on its way and you know what that means, Resolutions! Of all the resolutions that we will be making, weight loss and fitness are usually at the top of everyone's list. With this in mind, Fort Lee Family Housing will be hosting a fitness event.

The event will be taking place on January 10th and 24th at the Welcome Center on Sisisky Blvd. from 6pm - 7:30pm. We will be conducting Family Yoga for both those evenings & light refreshments will be served after the event.







#### New Year, New Year is Here

Once the holiday clutter is cleared away, are you determined to do a bit of organizing? Here are a few suggestions:

Take advantage of using clothespins. In addition to clipping chip bags, use clothespins to secure charger cords. Also, you could use a marker to label the clothespins with the items it is securing. Use narrow baskets to store snack items in cupboards. Kids can see what's available and you will not waste space with a giant granola bar box holding a single snack.

Another useful item is a hanging shoe shelf. These have really been capable of helping to provide extra needed space. Plus you could use them to put other items in such as hats, flashlights, pet leashes, etc.

## Days of January

## I/I New Year's Day

It's the first day of the year and celebrated across the world. Happy New Year's everyone!

## I/II National Milk Day

On January II, 1878, the first bottles of milk were delivered. This day is celebrated in commemoration of this day and the delivery of this amazing beverage.

## 1/19 National Popcorn Day

Whose ready for some popcorn? Whether it's butter, caramel, or cheddar...enjoy this delicious snack today.

## 1/21 Martin Luther King Jr. Day

Martin Luther King Jr. was an important figure in U.S. History. He is best known for his great speech he gave in Washington D.C.- 'I Have a Dream' speech.

## 1/21 Squirrel Appreciation Day

An amazing day to celebrate our little furry friends. It was created on Jan. 21, 2001 by Christy Hargrove.

## 1/29 National Puzzle Day

Started in 2002, this day was created to share the enjoyment of puzzles. Puzzles are healthy for the brain and always putting our minds to work.



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#### **Gift Wrapping Success!**

We hope all of our residents enjoyed their gifts for this past holiday season. With all wrapping essentials provided & a cup of hot cocoa, we enjoyed having residents come in for a little quiet time to complete their gift wrapping. We plan to continue this tradition the same as years before. Thank you all who participated and we'll see you next holiday season.







#### Pet Walks

We love our pets and taking them on wonderful walks in our community. It's inevitable that while on these walks, your pup might need to take care of his/her business. Luckily, we have pet waste stations set up throughout the community. Also it's a good idea to bring a bag from home, just in case. Keeping pet waste off the ground keeps our neighborhood children safe from germs and parasites that might get left behind if it is not properly disposed of.

## **Bicycle Giveaway Contest**

Thank you to all of those who participated last year, in our essay contest about what it means to be a military child. Hunt Military Communities received hundreds of essays and the judges had a very hard time narrowing it down to 50 winners.

All of the essays were heartfelt and we wish everyone could win! We want to especially thank our sponsor Brightview, who generously donated all 50 of the bicycles as well as helmets to the Hunt Heroes Foundation. Thank you all again for your support!





