



A Monthly Newsletter for Fort Lee Family Housing Residents

Contact Us!!!

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WELCOME CENTER HOURS

Monday through Friday

8:30 a.m. to 5:30 p.m.

The Welcome Center Only
Saturday: 9:00 a.m. to Noon.

PLACING A WORKORDER

For routine service requests, please call
your neighborhood center:

Harrison Villa & Jefferson Terrace:
804-722-4327

Washington Grove & Monroe Manor:
804-732-7460

Adam's Chase & Madison Park:
804-732-7480

Jackson Circle:
804-733-7884

You may also utilize our online form by
visiting us at fortleefamilyhousing.com
and signing in with your user login.

For all after hour maintenance
emergencies,
please call 804-733-1558
and press option 3.

COMMUNITY BINGO NIGHT

Bingo is back and better than ever! This popular resident event is coming to Fort Lee Family Housing in February. There will be one big community bingo event held at the **Regimental Club** with even better prizes than ever before! Pizza and refreshments will be provided. There will also be fun crafts for the kids!

Mark your calendar!

The Regimental Club: Feb 9th, 6pm-8pm

If you have any questions about this or any community events, please contact your neighborhood Resident Services Specialist for more details.



Hunt Update

Valentine's Day

Valentine's Day can be so much more than candy and flowers. How about taking care of your heart? Find a workout buddy and work out together. Insert a few more good-for-you meals into your rotation. Taper off holiday sweets by making every other day treat-free. Try an unfamiliar fruit or vegetable.

Take a walk. Short distances add up, and even one with many stops for dogs or kids is better than nothing. Bundle up and get outside on cold, sunny days – you'll feel better!

What better gift than being healthy and happy for those you love?



Valentine's Day can be a bright spot in a dreary month. What acts of kindness or gratitude will you perform?

Maintenance

February seems so long for a short month...

Let's talk about winter driving. Whether that means rain or snow in your area,,

- Slow down and leave plenty of room between you and the car in front of you
- Stopping distances increase – slow down for intersections, turns and other traffic early
- If you skid or hydroplane, look and steer in the direction you want to go. Avoid sudden braking.
- Accelerate and decelerate slowly
- Avoid using cruise control on wet or slippery surfaces
- Ensure tires are properly inflated
- Carry an emergency kit
- Always wear a seat belt
- If conditions warrant, stay home

FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Ground Hog Day	3	4
5	6	7	8	9 Community Bingo Night, 6-8 pm	10	11
12	13	14 Valentine's Day National Organ Donation Day	15	16	17	18
19	20 Presidents' Day Offices Open	21	22	23	24	25
26	27	28				

Calendar Events

- **Community Bingo Night. Feb 9-** 6-8pm, The Regimental Club. Prizes & FUN!
- **St. Valentine's Day. Feb 14-** Show that special someone that you care!
- **National Organ Donation Day. Feb 14-** Are you an organ donor? Give the gift of life.
- **Presidents' Day. Feb 20** – Originally established to recognize President George Washington, now it's a day to celebrate Presidents, past and present!