



**A Monthly Newsletter for
Fort Lee Family Housing
Residents**

Contact Us!!!

Phone (804) 733-1558

Fax (804) 722-4358

fortleefamilyhousing@huntcompanies.com

WELCOME CENTER HOURS

Monday through Friday

8:30 a.m. to 5:30 p.m.

**The Welcome Center Only
Saturday: 9:00 a.m. to Noon.**

PLACING A WORKORDER

For routine service requests, please call your neighborhood center:

Harrison Villa & Jefferson Terrace:
804-722-4327

Washington Grove & Monroe Manor:
804-732-7460

Adam's Chase & Madison Park:
804-732-7480

Jackson Circle:
804-733-7884

You may also utilize our online form by visiting us at fortleefamilyhousing.com and signing in with your user login.

For all after hour maintenance emergencies, please call 804-733-1558 and press option 3.

New Year's Fitness

A new year is quickly on its way and you know what that means. Resolutions! Of all the resolutions that we will all undoubtedly be making, weight loss and fitness are usually at the top of everyone's list. In keeping with these favored resolutions, Fort Lee Family Housing will be starting off 2017 resident events the right way.

On January 12th and 19th at the Welcome Center on Sisisky Boulevard, Caitlen Manning from Studio M Fitness will be holding a fitness boot camp for our residents. The fitness boot camp will start at 6 pm and end at 7:30 pm. All natural energy drinks and healthy snacks will be provided.



Hunt Update 2017

Another year begins – it's not possible to know what 2017 has in store, but if you have resolutions in mind, make small changes, determine reachable goals and seek assistance where needed. You probably won't lose 30 pounds in January, but you could walk three times a week, cook more healthy meals at home, reduce your sugar intake and ask the folks at the fitness center for some exercise ideas.



Our community is comprised of new and traditional housing in seven distinct villages which exhibit the personality and rich history of Fort Lee and its surrounding area.

Maintenance 2017

Once the holiday clutter is cleared away, are you determined to do a bit of organizing? Here are a few suggestions:

Embrace the lowly clothespin – in addition to clipping chip bags, use to secure charger cords (use a marker to write what the cord is for on the clothespin). Wind embroidery floss around a clothespin – you can add the color code on the clothespin or simply corral your kid's friendship bracelet production mess.

Use narrow baskets to store snack items in cupboards. Kids can see what's available and you won't waste space with a giant granola bar box holding a single snack. Store hair ties on a carabiner clip labeled with the owner's name. Install a tension rod under the sink and hang spray bottles from their handles. Use a hanging shoe shelf in the front closet to hold gloves, hats, pet leashes and flashlights.

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 HAPPY NEW YEAR OFFICES CLOSED	3	4	5	6	7
8	9	10	11	12 FITNESS BOOTCAMP WELCOME CENTER - 6:00PM	13	14
15	16 MARTIN LUTHER KING DAY Offices Open	17	18	19 FITNESS BOOTCAMP WELCOME CENTER - 6:00PM	20	21
22	23	24	25	26	27	28
29	30	31				

Calendar Events

- **JANUARY 12 AND 19 - FITNESS BOOTCAMP HELD AT THE WELCOME CENTER FROM 6:00PM TO 7:30PM**
- **JANUARY 16 – MARTIN LUTHER KING DAY – Offices open**